

The use of messages not attached to the rifle to locate shots and judge wind is permitted for 50m and 300m events only.

#### **7.5.8.2 Slings**

Maximum sling width is 40 mm. The sling must be worn only on the upper part of the left arm and from there be connected to the fore-end of the rifle stock. Slings may be attached to the fore-end of the rifle at a single point only. The sling must pass along one side of the hand or wrist only. No part of the rifle may touch the sling or any of its attachments except at the sling swivel and hand stop.

#### **7.5.8.3 Rifle Rests**

The use of a rifle rest for resting the rifle between shots is permitted providing that no part of the stand is higher than the athlete's shoulders when holding the rifle in a standing shooting position. A stand for resting the rifle must not be placed in front of the shooting table or bench in the standing position. Care must be exercised that while resting the rifle, it does not intrude on the athlete on either side. For safety while the rifle is on the rifle rest, it must be held by the athlete.

#### **7.5.8.4 Shooting Box or Bag**

The shooting box or bag must not be placed forward of the athlete's forward shoulder on the firing line, except that in the standing position a shooting box or bag, table, or stand may be used as a rifle rest between shots. The shooting box or bag, table or stand must not be of such size or construction as to interfere with athletes on adjacent points or to constitute a wind break.

#### **7.5.8.5 Kneeling Roll**

Only one (1) cylindrically shaped roll is allowed for shooting in the kneeling position. The dimensions are a maximum of 25 cm long and 18 cm in diameter. It must be made of soft and flexible material.